

2-Day 'Get Fit for Golf' Seminar

Presented by International Golf Systems Limited

and introducing our new programme

G.U.R. (Golfers Under Rehabilitation)

This popular & unique workshop fully accredited by the Australian Physiotherapy Association is a must for all therapists and trainers looking to combine golf specific rehabilitation with systems that incorporate physical, mental, technical and financial skills necessary to develop a successful practice in Golf.

Day 1 is aimed at therapists involved in or desiring to be involved in the treatment of golfers. Participants are introduced to systems developed in Australia and with worldwide with golfing administrations including the PGA of Great Britain & Ireland.

Course topics include:

- The correct posture movements of a golf swing and related injuries,
- Awareness of modern golf techniques, the impact on the body, and developing profitable relationships with local golf professionals,
- Establishing a specialty modern golf practice, and
- Maximizing the financial rewards of your business.

Day 2 is programmed as a practical day covering case histories of golfers, golf injury research, golf rehabilitation, the biomechanics of the golf swing and introducing our new G.U.R. Level 1 programme.

- Demonstrating 'on the Range' and 'on the Golf Course' exercises.
- Introducing Golf Fitness Level 2 with new rehabilitation systems and procedures.
- Information on new and exciting trends in Golf including
 - The inter-active role of the Therapist
 - The "traffic light" golf rehabilitation calendar,
 - Golf rehabilitation templates,
 - Train the trainer,
 - Body testing templates on the golf range,
 - Current research on arthritis and joint replacement in golf,
 - Can you score 79 at 79?

This Day 2 forum represents an opportunity for those previous graduates of Levels 1 & 2 Seminars to update themselves with new information, methods and systems developed since their last attendance.

22nd – 23rd June 2006 – Sutton Junior Tennis Centre
29th – 30th June 2006 – Rotherham Golf Academy

Price £150 per day or £300 for 2 days

(Includes snack lunch, beverages, golf newsletter and manual)

Presenters

- **Ramsay McMaster**
Consultant Physiotherapist to the
Australian Institute of Sport,
PGA of Australia, New Zealand and
Great Britain
- **Sandy Jamieson**
Fully Accredited PGA Golf Coach

For Course details please consult: www.golfmed.net

For application forms and information contact **Mike Queen** at:

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